Healthy People, Healthy Communities

Barbara Sattler, RN, DrPH, FAAN
Environmental Health Education Center
University of Maryland School of Nursing
Health Services

Health Care System
Health Services

✦ Primary Care
  - Clinics
  - Doctors Offices
  - Nurse Managed Clinics (in 39 states)
Health Services

✨ Tertiary Care
  – Medical Specialists
  – Medical Centers
Health Services

- Tertiary Care
  - Medical Specialists
  - Medical Centers
Health Services

- Home health care
Health Services

- In community-based institutions
  (Senior Centers, HeadStart Programs)
Health Services

✦ Community-based Events

Health Fairs
Health Services

✦ School Health
The mission of public health is to fulfill society's desire to create conditions so that people can be healthy.

(Institute of Medicine, 1988).
"...the science and the art of preventing disease, prolonging life, and promoting physical health and mental health and efficiency through organized community efforts toward a sanitary environment; the control of community infections; the education of the individual in principles of personal hygiene; the organization of medical and nursing service for the early diagnosis and treatment of disease; and the development of the social machinery to ensure to every individual in the community a standard of living adequate for the maintenance of health." (C.E.A. Winslow)
Governmental Public Health Infrastructures

- Local Health Departments
- State Health Departments
- Departments of the Environment, Housing, Parks
Public Health Nursing

- District Nursing
- Centralized / Categorical Services
- Vermont example
- Baltimore experience
Public Health Gaps

- Continuous monitoring within the community
Public Health Gaps

Continuity of care
Public Health Gaps

- Attention to vulnerable populations
  - HIV/AIDS
  - Mentally Ill
  - Pregnant
  - Substance abusers
  - Chronically ill – asthma, diabetes
Public Health Gaps

- Health promotion
  - Smoking cessation
  - Nutrition
  - Exercise
  - Violence prevention
Public Health Gaps

★ Disease Prevention
  – Immunizations (primary prevention)
  – Prenatal Care
  – Surveillance and early detection - I.E., testing for lead poisoning (secondary prevention)
Public Health Nursing Center

- Community-wide assessment
- Identification of vulnerable population and their needs
- Enhanced use of existing health services
- Collaboration with community-based services/organizations
- Leadership development
- Advocacy
Thank you

Discussion